Camp Middlesex – Weeks 2, 5, and 8 Menu – Summer of 2015 *Note: Meals are subject to change

MEAL	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST		Pancakes	Puffed Fruit	French Toast	Scrambled	Waffle Stix	(Trip Day –
*All meals have		Sausage	Pastry	Sausage	Eggs	Home Fries	After week 2)
cereal and		Fruit	Home Fries	Fruit	Muffins	Fruit	Cereal and
breakfast bar			Fruit		Fruit		bagels
options with							Fruit
fruit, yogurt,							
milk and juice							
LUNCH	Brunch	Grilled	Pretzel	Chicken Nuggets	BLTs	Plain or	Trip Lunch
*All meals have	Omelets	Cheese	Melts	Smiley Fries	Lettuce	Veggie	Cold Cut
salad bar option	Bagels	Tomato	Ham &	Vegetables	Tomatoes	Pizza	Sandwiches
with milk and	Home Fries	Soup	Cheese on a		Cheese	Macaroni	Chips
juice.	Toast	Crackers	pretzel bun		Vegetables	Salad	Vegetables
Peanut Butter &		Potato Chips	Pasta Salad			Vegetables	
Jelly also		Vegetables	Vegetables				
offered.		8					
DINNER	Spaghetti	Baked	Fiesta Night!	COOKOUT	Turkey	Barbecue	Lasagna
*All Meals have	with	Chicken	Tacos	Hamburgers	Mashed Potatoes	Pulled	Vegetables
salad bar option	Meatballs	Rice	Burritos	Hotdogs	Vegetables	Pork	
with milk and	Garlic	Vegetables	Cheese/Beef	Corn on Cob	Rolls	Sandwiches	
juice.	Bread	Bread &	Vegetables	Baked Beans			Ice Cream
Peanut Butter &	Vegetables	Butter	Fixings	Pasta Salad		Cornbread	
Jelly also	6:		6-		Whoopie	Vegetables	
offered.	Pudding with	Cookies	Strawberry	Watermelon	Pies	Congo Bars	
	Whipped	COOKIES	Short Cake	, atomicion		20120 2410	
	Cream		Short Care				

Camp Middlesex – Weeks 3 and 6 Menu – Summer of 2015 *Note: Meals are subject to change

MEAL	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST		Pancakes	Scrambled	French Toast	Bagels with a	Croissants	(Trip Day –
*All meals have		Sausage	Eggs	Sausage	Variety of	Home Fries	After week 6)
cereal and		Fruit	Toast	Fruit	Spreads	Fruit	Cereal and
breakfast bar			Home Fries		Fruit		bagels
options with			Fruit				Fruit
fruit, yogurt,							
milk and juice		~					
LUNCH	Brunch	Chicken	Meatball	Popcorn Chicken	Philly Cheese	Plain or	Trip Lunch
*All meals have	Omelets	Wrap	Subs	Vegetable Soup	Steak or	Veggie	Cold Cut
salad bar option with milk and	Bagels	Vegetables	Cheese	Tator Tots	Veggie Burger	Pizza	Sandwiches
juice.	Home Fries		Pasta Salad	Vegetables	Onion Rings	Potato	Chips
Peanut Butter &	Toast		Vegetables		Vegetables	Salad	Vegetables
Jelly also	Fruit					Vegetables	
offered.							
DINNER	Ziti w/	Chicken Stir	Fiesta Night!	COOKOUT	Beef Brisket	Chicken	Trip Dinner
*All Meals have	Plain or	Fry	Beef Fajitas	Hamburgers	Cabbage	Parm	Lasagna
salad bar option	Meat Sauce	Egg Rolls	Cheese/Beef	Hotdogs	Carrots	Vegetables	Vegetables
with milk and	Garlic	Corn	Vegetables	Corn on Cob		Rolls	_
juice.	Bread		Fixings	Baked Beans	Cake		
Peanut Butter &	Vegetables			Pasta Salad		Congo Bars	Ice Cream
Jelly also		Apple Crisp	Cookies				
offered.	Rice Krispie	1		Ice Cream			
	Treats						

Camp Middlesex – Weeks 4 and 7 Menu – Summer of 2015 *Note: Meals are subject to change

MEAL	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST		Pancakes	Egg, Cheese	French Toast	Scrambled	Waffle Stix	(Trip Day –
*All meals have		Sausage	& Sausage	Sausage	Eggs	Home Fries	After week 4)
cereal and		Fruit	English	Fruit	Biscuit	Fruit	Cereal and
breakfast bar			Muffins		Fruit		bagels
options with			Home Fries				Fruit
fruit, yogurt, milk and juice			Fruit				
LUNCH	Brunch	Grilled	Corn Dogs	Chicken Nuggets	BLTs	Plain or	Trip Lunch
*All meals have	Omelets	Cheese	French Fries	Onion Rings	Lettuce	Veggie Pizza	Cold Cut
salad bar option	Bagels	Tomato Soup	Vegetables	Vegetables	Tomato	Potato Salad	Sandwiches
with milk and juice.	Home Fries	Vegetables			Cheese	Vegetables	Chips
Peanut Butter &	Toast				Vegetables		Vegetables
Jelly also	Fruit						
offered.							
DINNER	Chicken	Veggie or	Fiesta Night!	COOKOUT	Shepherd's Pie	Meatloaf	Trip Dinner
*All Meals have	Alfredo	Meat Chili	Quesidillas	Hamburgers	Vegetables	Gravy	Lasagna
salad bar option	Garlic Bread	Con Carne	Tacos	Hotdogs		Baked Potato	Vegetables
with milk and	Broccoli	Vegetables	Cheese/Beef	Corn on Cob	Cake	Dinner Rolls	_
juice.		_	Vegetables	Baked Beans		~ 5	
Peanut Butter &	Pudding with	Corn Bread	Fixings	Pasta Salad		Congo Bars	Ice Cream
Jelly also offered.	whipped						
Officieu.	cream		Pie Night!	Ice Cream Bar			
		Brownies					